

Carry-On Airplane Packing List For 1-Year-Old

Personal Item

Diapering

- 1 Diaper per hour of flight
- Wipes
- Disinfecting wipes (for table)
- Vaseline/Aquaphor

Toys

- 2-3 Per hour of flight
- 2-3 Extra for delays
- Sensory/Fidget toys
- Crafts
- Blocks
- Electronics and batteries

Sleep

- Travel pillow
- Pajamas
- Sleepsack or blanket
- Inflatable footrest/toddler bed

Comfort Items

- Pacifier and clip
- Teethers
- Inflatable footrest/toddler bed

Food and Drink

- Drink/bottle/pouch for sucking (takeoff and landing)
- Bottles/formula/breastmilk
- Snacks
- Meals (thermos or packaged)

Carry-On Suitcase

- Extra diapers
- Medications
- Diaper cream
- Baby change of clothes
- Parent change of clothes
- Towel (for accidents)
- Extra food/formula
- Pump (optional)